Nursing Handout for CINAHL

CINAHL (Cumulative Index for Nursing and Allied Health) is a collection of over 700 journal titles in Nursing. This is a good database to use for searching for nurse related research.

PART I: Basic Searching:

1. Go to http://www.ben.edu/library/
2. In the Articles Tab Choose CINAHL from the drop down.
3. Enter in your search terms such as “central line infection prevention”
4. Click Search; This will bring up 61 results.
5. You can continue to refine your search by using the filters on the side.

- You can limit to articles that are available Full Text from the library
- You can select for articles that contain an abstract
- You can limit by the date of publication
- You can select for articles from peer reviewed academic journals
- Additional parameters
6. After you have chosen your limiters then you can access the articles by clicking on the blue title

Search Results: 1 - 10 of 16

1. Use of Six Sigma Strategies to Pull the Line on Central Line-Associated Bloodstream Infections

   (Includes abstract) Loftus, Kelli, Tiley, Terry, Hoffman, Jason, Bradburn, Eric; Harvey, Ellen; Journal of Trauma Nursing, Mar/Apr; 2017

   Subjects: Quality Improvement Methods; Catheter-Related Bloodstream Infections; Prevention and Control; Trauma Centers; Patient Risk Factors

   Cited References: 28

   PDF Full Text

   PlumX Metrics

7. On the left you can view a pdf of the text.

8. On the right you can email a copy of the article with citation to yourself and view the citation.
PART II: Advanced Searching

1. Go to http://www.ben.edu/library/
2. In the Articles Tab Choose CINAHL from the drop down.
3. This will bring up the Advanced Search screen.
4. For example, if your PICOT question relates to telehealth, you can type in telehealth in the first search box. CINHAL will suggest telehealth or telemedicine. If you click on the suggested telehealth and telemedicine you will get as search results all the articles that contain either the keyword telehealth or telemedicine by any type of author for any date.

![Advanced Search Screen]

Click on email to email a copy of the article to yourself. You can also select the citation format to be APA in the email.

Click here to see the citation.
5. To narrow down your search results to only nurse authored articles click on Advanced Search, enter 2011 to 2016 for the Published Date and put checks next to English Language, Research Article, and Any Author is Nurse.

6. Now you will go from 11,000 results to 49 results that are research articles written by Nurse Authors on the topic of telemedicine written in English.
7. You can further refine your results by selecting **Source Type** *Academic Journal* and **Subject:** *Major Heading* Heart Failure.

8. This narrows down your results to 7 Nurse Authored research articles on telehealth and heart failure.
Look for a PDF or html Link, a red "Find Full Text" button or a “Request via interlibrary loan – ILLiad” button on the results page of your search on or on the detailed record page for a specific article. Clicking on these buttons will:

- Take you to a full-text version of the article
- Give you a list of links to find the full-text of your article in another database
- Allow you to request the article via Inter-Library Loan if other electronic or print sources are not available
  - Inter-Library Loan articles will be delivered, usually as PDFs, to your ILLiad account, with notice to your email address
  - This service usually takes 3-5 days