



Approved and Recommended Parish Resources List Diocese of Joliet Year of the Eucharist

A compilation of materials and experiences for all age-groups, with a focus on assisting Catholics to know and love the Sacraments of Eucharist and Penance (Reconciliation), from a variety of methodologies and perspectives faithfully representing the doctrine of the Church.

Internet Resources

Books

Supplemental Texts for Children

Youth Ministry

Large-or Small-Group Process (Adult)

Intergenerational Catechesis

Media (All Ages)

Retreats, Missions and Events

Bulletin Inserts/ Brochures/Pamphlets

*Prepared by the Year of the Eucharist Catechetical Action Committee,
in association with the Religious Education Office, Diocese of Joliet
Approved by Bishop J. Peter Sartain, June 1, 2010*

INTERNET RESOURCES – EUCHARIST

Catechist Magazine

“Teaching About the New Roman Missal” (online article) by Msgr. Anthony F. Sherman.
<http://www.catechist.com/blog/archives/180-20100105.html> short lesson plans (*all ages*).

Catholic Digital Resources

A 5-Part Catholic Study Guide of Ecclesia de Eucharistia, Terry Modica (Diocese of Trenton), 5-week small group discussion guide on Eucharist, Mass and Mary, downloadable at
<http://catholicdr.com/ebooks/Eucharistia.htm>

Center for Liturgy at St. Louis University

“Sunday” website – a resource for the entire worshipping community to use to prepare for celebrating the Mass: prayers, spirituality, readings, music and more for weekend Mass:
<http://liturgy.slu.edu/index.html>

Jeff & Emily Cavins – Family Night

Weekly devotions based on Sunday scriptures – printable for use by families. Includes prayer and activity.
<http://jeffcavins.com/family-night/>

Solid Catholic Resources from Vatican Sources

<http://www.christusrex.org/>

Encyclopedia of Resources of Everything Catholic

<http://www.newadvent.org/>

Official Vatican Site

<http://www.vatican.va>

Biblical and Religious Art and Music

<http://catholic-resources.org/Art/index.html>

Eucharistic Articles

<http://www.adoremus.org/HolyEucharistArticles.html>

Father Antoine’s Site on Eucharistic Adoration with Young Children

<http://www.childrenofhope.org/>

Free CD’s on the Eucharist

<http://www.eucharist.com/>

Pastoral Liturgy (Magazine) Online Study Guides for Sacramentum Caritatis

Part 1: "Reflecting on God's Action in the Eucharist" by Jerome Hall , SJ

<http://www.pastoralliturgy.org/resources/0801SC-ReflectingOnGod%27sActionInEuch.php>

Part 2: "Each Sacrament Connects to the Eucharist" by Jerome Hall , SJ

<http://www.pastoralliturgy.org/resources/0803SC-EachSacrmntConnectsToEuch.php>

Part 3: "The Liturgy as Communal Ritual Action" by Mark Wedig

<http://www.pastoralliturgy.org/resources/0805SC-LiturgyAsCommunalRitualAction.php>

Part 4: "The Eucharist: A Mystery to be Celebrated – Full Participation in the Liturgical Action"

<http://www.pastoralliturgy.org/resources/0807SC-TheEucharistAMysteryToBeCelebrated.php>

Part 5: "The Eucharist Changes the World: Effects on Society and Culture" by Rev. Ronald Lewinski and Andrew Liaugminas

<http://www.pastoralliturgy.org/resources/0801SC-ReflectingOnGod%27sActionInEuch.php>

Part 6: "The Eucharist Changes the World: Effects on the Person" " by Rev. Ronald Lewinski and Andrew Liaugminas

<http://www.pastoralliturgy.org/resources/0809SC-TheEucharistChangesTheWorld.php>

Notre Dame Center for Liturgy

"Web Catechesis for the Implementation of the Revised Roman Missal" – 15-minute videos (with transcripts) on various changes in the Mass, presented by four experts

<http://liturgy.nd.edu/webcatechesis/>

The Real Presence

http://therealpresence.org/chap_fr.htm : This website has a wealth of information on the Eucharist and Adoration including: locations of adoration chapels, the traveling Eucharistic Miracles Exhibit, writings on the Eucharist, etc.

USCCB

"Resources on the Eucharist" page - <http://www.usccb.org/liturgy/eucharistyear.shtml> has links to articles and documents, prayers before the Blessed Sacrament, and resources for Adoration, including Holy Hours for Life, Vocations and Peace.

"The Real Presence of Jesus Christ in the Sacrament of the Eucharist: Basic Questions and Answers"

<http://www.usccb.org/dpp/realpresence.htm> also in Spanish

<http://www.usccb.org/dpp/realpresencesp.htm> also available as pamphlet (Publication 5-434, 5-866)

"Roman Missal Formational Materials" <http://www.usccb.org/liturgy/girm/index.shtml>

"The Sacrament of the Eucharist" Catechism Quiz. Interactive quiz directs participant to

Catechism and other documents. <http://www.usccb.org/catechism/quizzes/eucharqz.shtml>

Third Edition Roman Missal Homepage <http://www.usccb.org/romanmissal/>

Vatican

"Mysterium fidei / The Mystery of Faith. Encyclical of Pope Paul VI on the Holy Eucharist. Apologetics – a defense of the theology of the Eucharist.

http://www.vatican.va/holy_father/paul_vi/encyclicals/documents/hf_p-vi_enc_03091965_mysterium_en.html

EMAIL SUBSCRIPTIONS - EUCHARIST

Sunday Connection Loyola Press. Weekly email arrives Monday with upcoming Sunday readings, reflections, activities for individuals, families. <http://www.loyolapress.com/finding-god-family-resources.htm>

ONLINE COURSES: EUCHARIST

The Lamb's Supper: The Bible and the Mass Free Online Course (Purchase of book necessary)

http://www.salvationhistory.com/studies/courses/online/the_lambs_supper_the_bible_and_the_mass. Based on Scott Hahn's **The Lamb's Supper**, a reading of Revelation as a guide to the meaning of the Mass.

INTERNET RESOURCES: RECONCILIATION/PENANCE

Archdiocese of Washington

"Reflections On God's Mercy And Our Forgiveness: The Light is Always On!" A Pastoral Letter to the Clergy, Religious and Laity of the Archdiocese of Washington by Most Reverend Donald W. Wuerl, S.T.D. Archbishop Of Washington.

http://www.adw.org/about/pdf/08tlio_pastoral.pdf (English)

http://www.adw.org/about/pdf/08tlio_pastoral_span.pdf (Spanish)

Step by Step Guide to the Sacrament.

http://www.adw.org/parishes/light_on_confess.asp (English)

http://www.adw.org/parishes/light_on_confess_span.asp (Spanish)

Busted Halo.com

"Confession 101" two-part explanation for young adults – with "How to Confess" downloadable pdf flier <http://www.bustedhalo.com/features/confession-101-part-one/> link to part 2 at bottom of page.

Loyola Press.com

"Our Catholic Faith" section has family supplementary activities and prayers for Reconciliation at <http://www.loyolapress.com/sacraments-reconciliation.htm>

Youth Update

Online Archive. "It's the Ten Commandments: Just Say Yes." "Reconciliation: An Experience of Forgiveness." <http://www.americancatholic.org/Newsletters/YU/ay0199.asp>

BOOKS ON EUCHARIST (Adults)

Book of Readings on the Eucharist, Bishops Committee on the Liturgy, USCCB – theology, formation and other issues. <http://www.usccbpublishing.org/productdetails.cfm?sku=5-706>

Celebrating the Mass: A Guide for Understanding and Loving the Mass More Deeply, Alfred McBride, O Praem, Our Sunday Visitor. History of Mass, Meaning of Eucharistic Prayers, and object, sights and sounds of the liturgy.
<https://catalog.osv.com/Catalog.aspx?SimpleDisplay=true&ProductCode=P124>

The Eucharist (Spiritual Thoughts Series) Pope Benedict XVI www.usccbpublishing.org

Eucharist: Catholic Spirituality for Adults, Fr. Robert Barron, Orbis Books, available at <http://www.wordonfire.org/WOF-Store/Books/Eucharist-Catholic-Spirituality-for-Adults.aspx> or through local RCL/Benziger sales representative. (also available as audiobook – see below)

Guide for the Assembly Cardinal Joseph Bernardin, Liturgy Training Publications. Pastoral letter to the people on their role at Mass, with discussion and planning for parish staff.
<http://www.ltp.org/p-812-guide-for-the-assembly.aspx>

The How-To Book of the Mass Michael Dubruiel, Our Sunday Visitor. Step-by-step guidelines and explanations for worshipers, along with helps for distractions and obstacles to prayer.
<https://catalog.osv.com/Catalog.aspx?SimpleDisplay=true&ProductCode=T322>

Jesus, Present Before Me: Meditations for Eucharistic Adoration by Fr. Peter John Cameron, OP, Servant Books/St. Anthony Messenger. Prayers and reflections for each day and on the Mysteries of the Rosary.
<http://catalog.americancatholic.org/product.aspx?prodid=I16857&pcat=303>

The Lamb's Supper Scott Hahn, 1999, Doubleday Religion. http://www.amazon.com/Lambs-Supper-Mass-Heaven-Earth/dp/0385496591/ref=sr_1_1?ie=UTF8&s=books&qid=1258739472&sr=1-1

Living the Mass: How One Hour a Week can Change Your Life Fr. Dominic Grassi & Joe Paprocki, Loyola Press. What would our faith look like if we really understood the gift of the Eucharist? <http://www.loyolapress.com/living-the-mass-one-hour-a-week-can-change-life.htm>

Mass Appeal: the ABC's of Worship, Jimmy Akin, Catholic Answers
http://www.amazon.com/Mass-Appeal-Worship-James-Akin/dp/1888992328/ref=pd_bxgy_b_img_b

Mass Confusion: The Do's and Don'ts of Catholic Worship, Jimmy Akin, Catholic Answers.
http://www.amazon.com/dp/1888992050/ref%3Dasc_df_1888992050911813/%3Ftag%3Daskco-mel-20%26creative%3D380333%26creativeASIN%3D1888992050%26linkCode%3Dasn

The Mystery of Faith: Meditations on the Eucharist Fr. Tadeusz Dajczer, Paraclete Press
<http://www.amazon.com/Mystery-Faith-Meditations-Eucharist/dp/1557256861>

In Polish: **Tajemnica wiary: Rozważania o Eucharystii** (Poland)
<http://gloria24.pl/ksiazki.php?akcja=opis&iProdId=99336550&iKatId=1195>

In Spanish: **El Misterio de la Fe** Paraclete Press
http://www.amazon.com/Misterio-Mystery-Faith-Meditaciones-Meditations/dp/155725687X/ref=sr_1_1?ie=UTF8&s=books&qid=1263417287&sr=1-1

On the Eucharist (Ecclesia de Eucharistia) Pope John Paul II, USCCB. Seeks to rekindle in the faithful the profound sense of “amazement and gratitude” that surrounds the Eucharist. (Book: In English or Spanish) www.usccbpublishing.org . Also online at http://www.vatican.va/holy_father/special_features/encyclicals/documents/hf_jp-ii_enc_20030417_ecclesia_eucharistia_en.html

Real Presence: The Work of the Eucharist Nathan Mitchell, Liturgy Training Publications. Contemporary dialog on meaning of the Eucharist <http://www.ltp.org/p-1272-real-presence-the-work-of-eucharist.aspx>

Reflections on the Eucharist by St. Peter Julian Eymard (Eymard Library) 9 volumes. See <http://www.mycatholicstore.com/eylivo16.html> for vol 1 and description of complete set.

The Sacrament of Charity (Sacramentum Caritatis) Pope Benedict XVI. USCCB *(In English or Spanish)* On the relationship between Eucharist and Love, and Eucharist and the other sacraments. Book available at www.usccbpublishing.org. Also online at http://www.vatican.va/holy_father/benedict_xvi/apost_exhortations/documents/hf_ben-xvi_exh_20070222_sacramentum-caritatis_en.html

What Happens at Mass, Jeremy Driscoll, OSB, Liturgical Training Publications. For parish study groups, liturgy committees, RCIA teams <http://www.ltp.org/p-1619-what-happens-at-mass.aspx>

SUPPLEMENTARY TEXTBOOKS ON EUCHARIST (Children)

(A reminder: primary sacrament preparation texts should be selected from the Conformity Listing of Catechetical Texts and Series from USCCB <http://www.usccb.org/catechism/document/Currentlist.pdf>)

Called to His Supper (Revised) Our Sunday Visitor. Activities, games, projects for primary grades, referenced to the Catechism.
<https://catalog.osv.com/Catalog.aspx?SimpleDisplay=true&ProductCode=X389> (Parent/teacher guide)
<https://catalog.osv.com/Catalog.aspx?SimpleDisplay=true&ProductCode=X389> (Student book)

Draw and Tell Sacraments Julie A Petras.2003, Our Sunday Visitor. Two sessions each on Eucharist and Reconciliation. Adaptable for most age groups.
<https://catalog.osv.com/Catalog.aspx?SimpleDisplay=true&ProductCode=R69>

My First Holy Communion Sophie Piper, 2010 Paraclete Press. Home learning and keepsake book. See sample at <http://site.paracletepress.com/samples/exc-myfirstholychommunion-full.pdf>

YOUTH MINISTRY– EUCHARIST

Catholic and Capable: How to Live our Catholic Faith Mike Carotta, RCL/Benziger (with Video) Session 6 (Eucharist, Sabbath)
<http://rclbooksandmore.stores.yahoo.net/catcaphowtol1.html>

Living and Loving Our Catholic Faith: Saints – Yesterday, Today and Tomorrow NFCYM (with CD-Rom - Lessons on several patron saints of Year of the Eucharist)
<http://store.nfcymoffice.net/shop/pc/viewPrd.asp?idproduct=149&idcategory=>

(For more information, or to discuss these, contact Paul Mach, Youth Ministry Office)

YOUTH MINISTRY– PENANCE/RECONCILIATION

Faith and Witness series: Liturgy and Worship: A course on Prayer and Sacraments Sadlier Chapter 6 Sacraments of Initiation, Chapter 10 Reconciliation.
http://www.sadlierreligion.com/catalog/item_grade.cfm?grade=Jr.%20High&category_id=4808&customer_type=school&continue.x

(For more information, or to discuss these, contact Paul Mach, Youth Ministry Office)

LARGE- OR SMALL-GROUP PROCESS ON EUCHARIST

A 5-Part Catholic Study Guide of Ecclesia de Eucharistia, Terry Modica (Diocese of Trenton), Catholic Digital Resources, a 5-week small group discussion guide on Eucharist, Mass and Mary, downloadable at <http://catholiccdr.com/ebooks/Eucharistia.htm>

Eucharist: Source and Summit of the Life and Mission of the Church – Maureen Gallagher and Jean Marie Hiesberger. 2004, Archdiocese of Milwaukee/Liturgical Publications, Inc. 6-week group process on Eucharist, the Mass, Eucharistic devotions – program planner available as CD-Rom or online. **Available in English or Spanish**, (also child's book for use with families of children preparing for First Eucharist – see below in *Intergenerational*)
<http://www.catholicfaithsharing.com/lpir/cfs/ViewCfsIndex.do>

So Why Do We Do This? Understanding the Why and How of the Mass, 2003, Catholic Faith Explorers, Ave Maria College (Ypsilanti, MI) Individual or group study of the Mass. Participant's guide, Leader's guide. <http://www.ignatius.com/cfe/sample.htm#SoWhy>

LARGE- OR SMALL-GROUP PROCESS ON PENANCE/RECONCILIATION

Reconciliation: the Unfolding Mystery of God's Mercy and Love, Clare Colella, Rory Cooney, Joseph Favazza, 2007, Archdiocese of Milwaukee/Liturgical Publications, Inc. 6-week group process on Reconciliation, 7th session: "Eucharist, Reconciliation and Mission"– program planner available as CD-Rom or online. **Available in English or Spanish**
<http://www.catholicfaithsharing.com/lpirc/cfs/ViewCfsIndex.do>

INTERGENERATIONAL CATECHESIS ON EUCHARIST

Gather in My Name: Come to the Lord's Table – Eucharist, Sadlier. Online resources for an intergenerational gathering – two options: fully intergenerational or multigenerational with age-appropriate breakouts. <http://www.webbelieveweb.com/gather.cfm?page=eucharist>

Generations of Faith, Volume Two: Celebrating Sacraments – Binder 1: Eucharist 2002 Center for Ministry Development. Resources for designing intergenerational sacrament preparation, home activities and reflection strategies and activities. Subscribers only.
<http://www.generationsofffaith.org/>

MEDIA RESOURCES ON EUCHARIST

(For items "Available in Diocesan Media Center", contact Jean Pirc at jpirc@dioceseofjoliet.org or 815-834-4062)

The Catholic Mass Today (Audio CDs) Fr. John Baldovin, S.J., Ph.D (Boston College, formerly of ICEL) NowYouKnow Media 12 Talks with downloadable study guide.
<http://store.nowyouknowmedia.com/mass.html>

Echoes of Faith: The Catholic Faith II: Liturgy and Sacraments National Conference of Catechetical Leadership Video with booklet for reflection/discussion.
<http://www.faithfirst.com/html/eof/modules.html> (Available through Diocesan Media Center)

Lighthouse Catholic Media (Audio CD's - \$3 each)
Scott Hahn – "The Fourth Cup", "The Lamb's Supper", "Understanding the Eucharist"
Bishop Alexander Sample "Why Go to Mass: The Blood of the New Covenant"
"The Mass Comes Alive", Episodes 1 and 2
<https://www.lighthousecatholicmedia.org/store/categories/>

Mary Foundation Audio CDs: <http://www.catholicity.com/gifts/> (Free- donation for shipping)
Marriage and the Eucharist (Christopher West)
Seven Secrets of the Eucharist (Vinney Flynn)
The Mass Explained (Fr. Larry Richards)

Praying in the Presence of Our Lord Series: Eucharistic Adoration by Fr. Benedict J. Groeschel, CFR <https://catalog.osv.com/Catalog.aspx?SimpleDisplay=true&ProductCode=586>

A Walk Through the Mass (VHS) Bishop Donald W. Wuerl goes through the Mass, step by step, explaining what is done and why. Available in Diocesan Media Center (Order Number: LLWX0084)

When Children Adore (DVD) Fr. Antoine Thomas – for helping children understand Eucharistic Adoration. <http://christtheking.stores.yahoo.net/whchad.html>

MEDIA RESOURCES ON PENANCE/RECONCILIATION

(For items “Available in Diocesan Media Center”, contact Jean Pirc at jpirc@dioceseofjoliet.org or 815-834-4062)

Confession Fr. Larry Richards Audio CD, Mary Foundation. <http://www.catholicity.com/gifts/>
(Free- donation for shipping)

Confession: Sacrament of Healing and Reconciliation, PowerPoint presentation by Terry Modica (Diocese of Trenton) for adults and teens, includes multi-media opening prayer and catechist’s guide. Purchase and download at <http://catholicdr.com/RCIA/catechumenate/sacraments/Confession/index.html>

RETREATS, MISSIONS & EVENTS - EUCHARIST

Children of the Eucharist Holy Hour For Children: <http://childrenoftheeucharist.org/index.html>

Children of Hope/ Fr. Antoine Thomas <http://www.childrenofhope.org/> (Community of St. John, Peoria, IL) Also http://childrenoftheeucharist-waf.org/html/video_2007.htm

Youth 2000 Eucharistic Centered Retreats: <http://youth2000usa.org/>

RETREATS, MISSIONS & EVENTS – RECONCILIATION/PENANCE

Light of the World Evangelization Ministries – weekend parish retreat with focus on Sacrament of Penance on second day... and more... www.lotwem.org (Available in Spanish)

BULLETIN INSERTS - EUCHARIST

Archdiocese of Chicago “Parish Formational Materials on New General Instruction of the Roman Missal” (free) <http://www.odw.org/girm.htm>

Association for Catechumenal Ministry (ACM) PDF’s for bulletin inserts (Copyright and CD must normally be purchased through LTP): <http://www.ltp.org/p-1270-rcia-participants-book-cd-2nd-edition.aspx> NOTE: permission has been granted to the Diocese of Joliet to use a selection of these inserts. See our page at <http://www.dioceseofjoliet.org/reo/ACMbulletinitems.asp>

Everyday Catholic “Feeding the Hungry in a Land of Dieters” Jim, Susan Vogl, (World hunger & Eucharist – uses “Slumdog Millionaire,” quote from Fr. Pedro Arrupe, S.J., 41st International Eucharistic Congress) St. Anthony Messenger

<http://catalog.americancatholic.org/product.aspx?prodid=G0909&pcat=78> free online study guide at <http://catalog.americancatholic.org/Guide/pdf/EDC/G0909.pdf>

Federation of Diocesan Liturgical Commissions (FDLC)

Publications on the Blessed Sacrament & Eucharistic Devotion:

4-Part set on Adoration. Also, a 3-part set on Eucharistic Practice, Past and Present (English or Spanish) Cost begins at \$50 to reproduce 500. Some samples available for download.

http://www.fdlc.org/Publications/Blessed_Sacrament.htm#EucharisticDevotion

2-part set on Liturgical Sprituality – The Mass: Our School of Prayer

<http://www.fdlc.org/Publications/LiturgicalSprituality.htm#Prayer>

BULLETIN INSERTS – PENANCE/RECONCILIATION

Association for Catechumenal Ministry (ACM) PDF's for bulletin inserts (Copyright and CD must normally be purchased through LTP): <http://www.ltp.org/p-1270-rcia-participants-book-cd-2nd-edition.aspx> NOTE: permission has been granted to the Diocese of Joliet to use a selection of these inserts. See our page at <http://www.dioceseofjoliet.org/reo/ACMbulletinitems.asp>

BROCHURES/PAMPHLETS/MAGAZINES – EUCHARIST

The Eucharist: 50 Questions from the Pews, Fr. Richard Fragomeni (96 page pamphlet) Answers to most-frequent questions about Eucharist, Mass, devotion and prayer, with a focus on spiritual renewal.

<http://www.liguori.org/productdetails.cfm?PC=11139>

Happy Are Those Who Are Called to His Supper: On Preparing to Receive Christ Worthily in the Eucharist, 2006, USCCB – Publication 5-789.

<http://www.usccbpublishing.org/searchproducts.cfm>

Magnificat Monthly subscription missal includes daily prayers, articles, excerpts from writings of the Church Fathers and saints, and meditations on a great works of art.

<http://www.magnificat.com/english/index.asp>

Magnifikid Monthly subscription packet with activities, coloring pages and more for each Sunday and feast day of the year. <http://www.magnificat.com/magnifikid/index.asp>

Somos Catholicos “Tu familia y los sacramentos/ Your Family and the Sacraments” Sally Gomez-Kelley, 2007 Loyola Press. In Spanish or English. Explanation of the role of sacraments in life of those from the Hispanic culture. <http://www.loyolapress.com/somos-catholicos-tu-familia-y-los-sacramentos.htm> or <http://www.loyolapress.com/your-family-and-the-sacraments-somos-catholicos.htm>

The Real Presence of Jesus Christ in the Sacrament of the Eucharist: Basic Questions and Answers USCCB Publication 5-434. English or Spanish

<http://www.usccbpublishing.org/productdetails.cfm?sku=5-434>

BROCHURES/PAMPHLETS/MAGAZINES – PENANCE/RECONCILIATION

Catholic Parent Know-How: Preparing Your Child for First Reconciliation, 2006, Our Sunday Visitor (single issue, *in English or Spanish*) Suggestion: use with **Catholic Parent Know-How: Sacraments: Forming Your Child's Faith**
<https://catalog.osv.com/Catalog.aspx?CategoryId=00000000125>

One of the Best Magazines for Catechetical Instructors:

The Sower Review
Catechetical Publications
Franciscan University of Steubenville
1235 University Blvd.
Steubenville, Ohio 43952

\$26.00